thermomix



INGREDIENTS

Milk pudding

400 g milk 40 g corn flour 250 g fresh cream, 30% fat 3 tbsp honey 3 tbsp sugar 1 pinch salt

Syrup

150 g sugar90 g water2 tbsp maple syrup1 tsp rose water1 cinnamon stick3 fresh figs, cut into quarters

USEFUL ITEMS

large bowl cling film 4 bowl (200 ml) for serving

MILK PUDDING WITH CARAMELISED FIGS

🟒 10 min 🥥 2 h 40 min 🔮 easy 📥 4 servings

PREPARATION

Milk pudding

- 1. Place 240 g milk and corn flour into mixing bowl and mix **10** sec/speed **5**.
- Add remaining 160 g milk, fresh cream, honey, sugar and salt and heat 10 min/90°C/speed 3. Transfer to a large bowl, cover with cling film in direct contact with milk pudding to prevent skin formation. Set aside for 30 minutes and refrigerate for 2 hours.

Syrup

- 3. Place sugar, water, maple syrup, rose water and cinnamon stick into mixing bowl and heat **15 min/115°C/reverse/speed 2**.
- 4. Add figs and heat **5 min/115°C/reverse/spoon.** Remove cinnamon stick and transfer syrup with figs to a bowl until serving.
- Place milk pudding from refrigerator into mixing bowl and mix 10 sec/speed 4. Transfer into bowls and garnish with caramelised figs. Serve immediately.